



# Pacific Waves Synchronized Swimming General Board Meeting Minutes June 4, 2022

Immediately following Blossom Invitational

Meeting called by Amy Bonte

Board members: Amy Bonte (President), Catrine Kizis (Vice President), Shelly Robinson (Treasurer), Leslie Sims (Secretary), Natalie Montgomery (Member at-Large), Michelle Spencer (Member at-Large), Lisa Jump (Member at-Large)

Call to order: 2:07 pm

Roll call: Amy Bonte, Catrine Kizis, Shelly Robinson, Leslie Sims, Natalie Montgomery, Michelle Spencer, Lisa Jump, Lindsey Keen, Kris and Dave Braskamp, Beth LaTendresse, Ty Bonte, Kristie Ladd, Michelle Woolley, Roel Yumo, Cynthia and Joel Rivette, Deborah Hagerty, Michael Kelly, Marina Vlasyuk, Lora and Jason Parks, Chloe Gutierrez.

Approval of prior meeting minutes: Natalie moves, Lindsey seconds - 15 in favor, 0 opposed

President's Report (Amy Bonte)

- Board positions 2022-2023
  - Open Positions: President and Secretary -Anyone interested is invited to ask for more information. The vote will be held at the next General Meeting in September 2022.

Coaches Report: (Natalie Montgomery)

- Season Debrief - Overall it was a successful season with some great meets, despite some COVID-related set backs (West Zones were held virtually and some swimmers had to sit out of swimming due to illness).
- Mental Performance Seminar - Lindsey Eaton held a Zoom session for our AG 13-15 and Juniors teams right before the Blossom meet. The swimmers reported using some of her helpful tips. She will hold an in-person session for the Juniors right before JO's. She also does sessions for coaches and may hold a Coach Zoom session for us in the fall.
- Junior Olympics 2022 - This meet will be held in Gainesville FL from June 25 - July 2, 2022
- Summer Camp and Conditioning
  - Conditioning details are coming soon. Sessions will be from July 12 to August 25. All current club swimmers are welcome to sign up online for lanes at Marine Hills outdoor pool. All sessions will happen rain or shine. Payment will only be accepted via the monthly bill.
  - There will be 3 Intro to Synchro Camps in August at Marine Hills. Spread the word!



- Next Season 2022-23 – We will start after Labor Day.

## PNA Report

- Update
  - The Amp has been fixed.
  - PNA needs a Treasurer and an Awards coordinator. We strongly encourage someone from PWSS step up for the Awards position. This is an easy way to get in your volunteer hours. It involves putting the stickers on the ribbons and medals for the award ceremony at each local meet.

## Committee/Representative reports:

- Treasurer's Report: (Shelly Robinson)
  - Coach's Checking: \$ 193.77
  - Regular Checking: \$ 4,267.72
  - Savings: \$ 12,332.28
  - YTD Income: \$ 50,590.32
  - YTD Expenses: \$ 41,003.86
  - Budgeted Total Expenses: \$58,615.00
  - Wish List Update – the club is gathering requests from coaches.
  - The last invoice for the season is coming next week for novice and AG 13-15 swimmers. The Juniors last invoice will be in July.
- Fundraising Report: (Citrine Kizis)
  - Outcome 2021-22 (Synchro-thon, Wreaths, Restaurant Take-Over, Concessions)
  - A reminder that PWSS has accounts with Amazon (Smile) and Swim Outlet. We earned \$441 this year from these two vendors.
  - We held 3 restaurant take-overs this season, 2 at Mod Pizza and 1 at Fondi to earn \$634.
    - Next Season – We are always open to suggestions from the membership for additional fundraiser ideas.
- Recruiting Committee Report: N/A
- Social media/Marketing report: (Lisa Jump)
  - Follow us on Facebook and Instagram. USA Synchro often re-posts our items. Facebook is especially helpful for finding new swimmers for our team.
  - Members with social media skills and/or interest are welcome to join this committee.
- Merchandise committee report:
  - No changes in club uniform next season.



New Business: N/A

Announcements:

Next Board Meeting: July 13 @ 7:00pm via Zoom. All are welcome to join.

Adjournment: 2:27 pm