

Pacific Waves Synchronized Swimming Board Meeting Minutes

March 3, 2025 @ 7:40pm

via Zoom

Meeting called by Amy Bonte

Board members: Amy Bonte (President), Laura Hopkins (Vice President), Shelly Robinson (Treasurer), Leslie Sims (Secretary), Natalie Montgomery (Member at-Large), Michelle Spencer (Member at-Large), Candice Morrow (Member at-Large)

Call to order:

Roll call: Amy, Leslie, Natalie, Candice, Bob, Reyes

Approval of January and February meeting minutes: Will be done by email vote due to lack of quorum.

Chairman Report (Amy)

Coaches Report: (Natalie)

- West Zones: Volunteer Link has been sent to PWSS membership. Red Robin take over will happen during the meet to benefit West Zones. Team meals will be coordinated by Shelly Robinson. Lora Parks will coordinate assembly of athlete goodie bags for 306 athletes. Quoc Nguyen will sell handmade synchro merchandise. Sweatshirts will also be for sale.
- Upcoming Events: Classic Invitational-March 21-23. Junior Olympics 2025- group hotel link has been sent to membership for those participating. Group rate secured at Homewood Suites-DFW north in Dallas close to pool venue.
- Sports Engine Update - Members are using SE to pay monthly fees. This is going well. Calendar items have been updated. Shelly and Natalie are working with SE to update website and domain name change.

PNA Rep Report: (Natalie)

- West Zones Update - Committee has everything prepared and ready to go.

Committee/Representative reports:

Treasurer's report: (Shelly) - numbers will be shared at the April meeting. See attached.

- Financial Report as of
 - Coach Checking:
 - Checking:
 - Savings:
 - YTD Income:

- YTD Expenses:
- Budgeted Total Expenses:
- Delinquent Dues: Status will be shared at April board meeting.
- Donate Button: Shelly is working with Sports Engine to set up a way to donate via website.
- We are seeking a Treasurer Trainee and an Awards Coordinator.

Fundraising Report:

- Next Concessions – Jeanette Olsen, Concessions Coordinator, reports that we are not breaking even. PNA would still like some snacks as a service for all local meets. Next concessions will be 1 of the 2 days at Regionals-May 17-18.

Recruitment Committee Report: (Leslie)

- Seeking Recruitment Chair – Amy will reach out to parents and Leslie is willing to work with this person.

Social media/Marketing report:

- New Banner (Natalie) - we are still working on this project. Candice has a connection to print the banner for a good price.

Merchandise committee report: n/a

Presentation/Q&A by Reyes Alvarado and Bob Baker: UW dissertation project: "*Safety and Prevention of Hypoxic Blackout Among Athlete Swimmers*".

New Business: n/a

Announcements: n/a

Next Meeting: Sun, April 6, 2025 @ 7:00pm

Adjournment: 8:56 PM

Zoom Recordings: Attached in email.