

Pacific Waves Synchronized Swimming  
Board Meeting Minutes  
November 6, 2022  
Virtual via Zoom  
Meeting called by Amy Bonte

Board members: Amy Bonte (President), Catrine Kizis (Vice President), Shelly Robinson (Treasurer), Leslie Sims (Secretary), Natalie Montgomery (Member at-Large), Michelle Spencer (Member at-Large), Candice Morrow (Member at-Large)

Call to order: 7:06 PM

Roll call: Amy Bonte, Shelly Robinson, Leslie Sims, Natalie Montgomery, Candice Morrow, Michelle Spencer (8:09pm)

Approval of prior meeting minutes: Natalie moves, Candice seconds - 3 in favor, 0 opposed

Chairman Report (Amy)

- COVID-19 Protocol Update (Michelle) - the state protocol has been lifted. We will follow the schools and CDC recommendations. If a swimmer is sick with fever, vomiting, diarrhea, they should stay home.
- Parent Coffee Gathering (Candice) - this is still in the works. We will look for a date in January.

Coaches Report: (Natalie)

- Master's Championship Update - PWSS Master's team attended. It was a success.
- Practice & Event Calendar - November calendar has been sent to the team members. Natalie will send out an updated event calendar.
- Coaching Staff Schedule/Contracts - Natalie will follow up with those coaches who need to turn in their contracts. Coaching schedule is mostly set with a few fluctuations.
- Safe Sport & USAAS membership - All athletes are registered although some may be in the wrong category. Lesson swimmers need a reminder. 30-day membership can be renewed more than once now. We need to verify if all board members are complete.
- Coaches College/Rising Stars Camp - This will be an important year with all the new rules changes. The grant from USAAS was used to cover the registration fee.
- Elect PWSS Board Athlete Rep (14+) - Pending.
- Pacific Pals Update (Natalie/Michelle) - Swimmers connected at the Halloween swim by doing fun activities together. November 19 will be the next Pacific Pals bonding activity.
- Competition Suit Purchase - The suits have arrived and fit the swimmers. The duet suits are ready. .

- Michelle Spencer's sister has offered to lead the conditioning for the Juniors and 13-15 one Saturday a month. She owns a gym and will bring equipment (bands, balls, weights, etc.). The first session will be November 19.
- Pilates Instructor Update (Candice) - Not an option at this time.

Email Vote 10/13/22:

Natalie Montgomery motions to purchase 8 (used) "football" themed competition suits and headpieces from University of Incarnate Word. These will be used for the AG 13-15 team for this season and will become part of the PWSS swimsuit library for future use. Suit/headpiece: \$500. Embellishments: \$100. Total: \$600.

VOTE: 6 In favor 0 Opposed This motion has passed.

PNA Rep Report: (Natalie)

- Sound System - Natalie will connect with Lacey at next PNA meeting.
- Fundraiser-Movie Night? -PNA is interested in this idea.
- Judges training - Sheri Darst is coming February 4-5. Jocelyn is asking each club to pay \$150 to cover costs including a room rental at a high school. Club members will be emailed to see if there is interest in becoming a judge.

Committee/Representative reports:

Treasurer's report: (Shelly)

- Coach Checking: \$209.93
- Checking: \$6,641.99
- Savings: \$13,267.27
- YTD Income:
- YTD Expenses:
- Budgeted Total Expenses:
- Budget 2022-2023
- Intermediate Swimmer Waive Fee Request -
  - VOTE: Natalie moves we waive the fees for October for this swimmer, Shelly seconds, 4 in favor, 0 opposed
- Overdue Swimmer Accounts -N/A
- ERC (Employee Retention Credit) Covid-19 Rebate/Refund - Non-profit organizations are eligible for the ERC refund. This is based on a tax filing on our payroll returns. Shelly believes PWSS would qualify for a refund for some of the quarters we operated during COVID-19 shutdown. Shelly anticipates it could be as much as \$12,000 - refundable credit. Shelly will file our amended returns by the end of the year. It can take up to 6 months or longer for a response from the IRS.
- Headsets Update - Natalie will order these soon.
- Competition Suit Budget- Funds in this line item have been spent for this budget year.

- Synchro-thon – Multiple swimmers raised more than the minimum this year. Total raised is expected to be close to \$7000. The Masters team contribution will start in February. Promoting this fundraiser during the parent meeting may have contributed to better than average results.

Fundraising Report: (Shelly/Lora)

- MOD Pizza Takeover Results - \$180.26. Swimmers had fun and were more engaged at this one. The start of Pacific Pals was a success.
- Synchro-Thon Results - see above
- Wreath Update – 6-8 girls sold wreaths . Alpine Farms will send us the online sales profits in late December. Amy will follow up with this. Lora will pick these up on a Friday to distribute at the next day's practice.
- Next Fundraiser - Consider doing a Fondi takeover, possibly as the Springfest in April. Contact Lora Parks about coordinating this takeover and Jeannette and Chris Olson (Fondi owners) about scheduling a date.
- Basket raffle will take place at the water show and possibly have some synchro merchandise at a concession stand.
- Amy will send out an email reminder about using Amazon Smile, Fred Meyer, Swim Outlet, etc.

Recruitment Committee Report: things are mostly quiet

Social media/Marketing report: (Natalie/Lindsey)

This has been going well with many interesting posts.

Merchandise committee report: Natalie will research and send an email soon about embroidery requests to be ready for the holidays.

New Business: N/A

Announcements: N/A

Next Meeting: Sunday, December 4, 2022 @ 7:00pm

Adjournment: 8:19pm